

## **Dados Biográficos**

Nome: Luis Granja

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## **Academic Qualifications**

Executive Masters in Applied Positive Psychology – ISCSP, University of Lisbon (2014 – 2015)

Sports Management Bachelor's Degree – FMH, University of Lisbon, (1996 – 2001)

## **Other Qualifications**

Certificate of Pedagogical Aptitude (CAP) - NHK Formação e Novas Tecnologias (2015)

Life & Executive Coach Certificate, European Coaching Association, More Institut, Germany (2013)

## **Experience**

Life & Executive Coach Freelancer February 2014 – Present

Tonik Health Club Sales Consultant June 2013 – January 2014

Laboratórios BIAL Sales Representative October 2006 – December 2012

Holmes Place Health Clubs Sales Consultant January 2001 – September 2006

## **Skills**

English Language - Advanced level in speaking, understanding and writing.

First Certificate in English – Cambridge School, Lisbon

## **Activities and Interests**

Public Speaking – Competent Communicator (Toastmasters International)

Junior Chamber International (JCI) - National President 2014

## **Main Interests**

Reading, Personal Development, Sports, Positive Psychology